

Chiropractors Gives Hands to Pro Golfers

From the March 12, 2003 TCPalm.com new website comes a short feature story on chiropractic care for professional golfers. According to the story there are currently 10 chiropractors who take turns staffing the medical teams of the Professional Golfers Association (PGA). During a tournament, the staff chiropractor will often work from 6 a.m. to 6 p.m. and care for between 25 to 40 golfers each day.



Dr. David Kassay is one of the chiropractors on the tour. He commented, "Each day, it's not unusual for a third of them (golfers) to seek some kind of medical attention. Over the course of a tournament, probably 80 percent of the players come by." The medical teams and chiropractors are housed in large, expandable trailers that have full care facilities and exercise equipment. They also have televisions with both network and closed-circuit tournament coverage.

Dr. Kassay noted where the golfers experience most of their problems during a tournament, "Most are in the neck, the upper and lower back, shoulders, elbows and wrists; areas involved in the golf swing. These guys are hitting a lot of golf balls through the day, not just in the tournament but in practice, too. All that repetition is demanding on the body. If they're not in good shape, they'll be hurting"