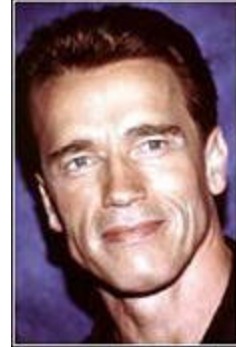


Chiropractic & Natural Fitness Symposium Features Arnold Schwarzenegger

Each year in March in Columbus Ohio, Arnold Schwarzenegger holds his “Fitness Classic” in conjunction with the International Chiropractors Association Symposium on Natural Fitness. During these events thousands of exercise and fitness minded people, along with a few hundred chiropractors get together and attend various events. The highlight of these events for the chiropractors is when Arnold himself addresses the chiropractors symposium and takes time to pose for a picture with each chiropractor in attendance.



Arnold gave an address this past symposium, (March 6th, 1999) in which he made several remarks about the benefits chiropractic has personally given him.

"People who do not believe in chiropractic always ask me about it. I have now become like a spokesperson for chiropractic. So many people come up to me because they know that I am a big believer in chiropractic and that we are doing this fitness weekend together each year. They ask me about chiropractic with questions like, How do you choose a chiropractor? or What is the best way of going about finding the best doctor for me? Well, I say, there are a few things that you should watch out for. Then I give them a few points. I share my experiences. I just had another skiing accident up in Sun Valley and I really could not move. And I again had one of those miracle moments when you call a chiropractor, they care for you and give you adjustments and then days later you ski again like a champion on moguls. So this is what happened to me ... another personal experience with proof how great chiropractic is."